

# OBC LCM 2026: Session: 3: COACH evaluation sheet for TEAM: MHN

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: WATTIAUX Pierre HEADCOACH

Coaches: CHARNEUX Jean-Bernard

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

| Event number: 16: 100M FREESTYLE MEN         |           |           | Heat:3, starttime: 09:16                                  |
|----------------------------------------------|-----------|-----------|-----------------------------------------------------------|
| Heat: 3/10 Lane : 8 Athlete: CHEN PETER      |           |           | Q-time: 00:55:15                                          |
| PB (50m pool): 00:55.15 Antwerpen 27/07/2025 |           |           | PB (25m pool): 00:55.25 SB: 00:56.02 Charleroi 15/02/2026 |
|                                              | 5 0 M     | 1 0 0 M   |                                                           |
| PB                                           | no time   | 00:55.15  |                                                           |
|                                              | no time   |           |                                                           |
|                                              | . . . . . | . . . . . |                                                           |

Coach feedback:

| Event number: 16: 100M FREESTYLE MEN         |           |           | Heat:4, starttime: 09:18                                  |
|----------------------------------------------|-----------|-----------|-----------------------------------------------------------|
| Heat: 4/10 Lane : 6 Athlete: WATTIAUX THOMAS |           |           | Q-time: 00:54:29                                          |
| PB (50m pool): 00:54.29 Antwerpen 22/03/2026 |           |           | PB (25m pool): 00:54.84 SB: 00:54.29 Antwerpen 22/03/2026 |
|                                              | 5 0 M     | 1 0 0 M   |                                                           |
| PB                                           | 00:26.15  | 00:54.29  |                                                           |
|                                              | 00:26.15  | 00:28.14  |                                                           |
|                                              | . . . . . | . . . . . |                                                           |

Coach feedback:

| Event number: 20: 50M BREASTSTROKE MEN       |           |  | Heat:2, starttime: 10:08                                  |
|----------------------------------------------|-----------|--|-----------------------------------------------------------|
| Heat: 2/9 Lane : 2 Athlete: RENOTTE NAËL     |           |  | Q-time: 00:32:54                                          |
| PB (50m pool): 00:32.57 Antwerpen 27/07/2025 |           |  | PB (25m pool): 00:33.11 SB: 00:33.22 Charleroi 15/02/2026 |
|                                              | 5 0 M     |  |                                                           |
| PB                                           | 00:32.57  |  |                                                           |
|                                              | 00:32.57  |  |                                                           |
|                                              | . . . . . |  |                                                           |

Coach feedback:

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| Event number: 20: 50M BREASTSTROKE MEN         |           |  |  | Heat:4, starttime: 10:10                                  |  |
|------------------------------------------------|-----------|--|--|-----------------------------------------------------------|--|
| Heat: 4/9 Lane : 4 Athlete: WATTIAUX THOMAS    |           |  |  | Q-time: 00:31:21                                          |  |
| PB (50m pool): 00:31.29 La Louvière 25/05/2025 |           |  |  | PB (25m pool): 00:31.03 SB: 00:31.47 Antwerpen 22/03/2026 |  |
|                                                | 5 0 M     |  |  |                                                           |  |
| PB                                             | 00:31.29  |  |  |                                                           |  |
|                                                | 00:31.29  |  |  |                                                           |  |
|                                                | . . . . . |  |  |                                                           |  |

Coach feedback:

| Event number: 20: 50M BREASTSTROKE MEN       |           |  |  | Heat:6, starttime: 10:12                                  |  |
|----------------------------------------------|-----------|--|--|-----------------------------------------------------------|--|
| Heat: 6/9 Lane : 4 Athlete: DUCARME MATHIS   |           |  |  | Q-time: 00:30:52                                          |  |
| PB (50m pool): 00:30.52 Antwerpen 22/03/2026 |           |  |  | PB (25m pool): 00:30.35 SB: 00:30.52 Antwerpen 22/03/2026 |  |
|                                              | 5 0 M     |  |  |                                                           |  |
| PB                                           | 00:30.52  |  |  |                                                           |  |
|                                              | 00:30.52  |  |  |                                                           |  |
|                                              | . . . . . |  |  |                                                           |  |

Coach feedback:

| Event number: 20: 50M BREASTSTROKE MEN         |           |  |  | Heat:6, starttime: 10:12                                  |  |
|------------------------------------------------|-----------|--|--|-----------------------------------------------------------|--|
| Heat: 6/9 Lane : 7 Athlete: HOES TOM ALEXANDER |           |  |  | Q-time: 00:30:96                                          |  |
| PB (50m pool): 00:30.96 Antwerpen 27/07/2025   |           |  |  | PB (25m pool): 00:30.29 SB: 00:31.51 Antwerpen 22/03/2026 |  |
|                                                | 5 0 M     |  |  |                                                           |  |
| PB                                             | 00:30.96  |  |  |                                                           |  |
|                                                | 00:30.96  |  |  |                                                           |  |
|                                                | . . . . . |  |  |                                                           |  |

Coach feedback:

| Event number: 21: 200M BACKSTROKE WOMEN      |           |           |           |           | Heat:1, starttime: 10:17                                  |  |
|----------------------------------------------|-----------|-----------|-----------|-----------|-----------------------------------------------------------|--|
| Heat: 1/4 Lane : 7 Athlete: CORBISIER MYLENE |           |           |           |           | Q-time: 02:33:87                                          |  |
| PB (50m pool): 02:34.24 Antwerpen 28/07/2024 |           |           |           |           | PB (25m pool): 02:28.53 SB: 02:37.34 Charleroi 15/02/2026 |  |
|                                              | 5 0 M     | 1 0 0 M   | 1 5 0 M   | 2 0 0 M   |                                                           |  |
| PB                                           | no time   | no time   | no time   | 02:34.24  |                                                           |  |
|                                              | no time   |           |           |           |                                                           |  |
|                                              | . . . . . | . . . . . | . . . . . | . . . . . |                                                           |  |

Coach feedback:

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| Event number: 22: 50M BACKSTROKE MEN               |           |  |  |  |                                                                |  |  |  |  | Heat:2, starttime: 10:33 |  |
|----------------------------------------------------|-----------|--|--|--|----------------------------------------------------------------|--|--|--|--|--------------------------|--|
| Heat: 2/7    Lane : 3    Athlete: YAZAG AMAYAS     |           |  |  |  |                                                                |  |  |  |  | Q-time: 00:29:64         |  |
| PB (50m pool): 00:29.64    Charleroi    15/02/2026 |           |  |  |  | PB (25m pool): 00:29.64SB: 00:29.64    Charleroi    15/02/2026 |  |  |  |  |                          |  |
|                                                    | 5 0 M     |  |  |  |                                                                |  |  |  |  |                          |  |
| PB                                                 | 00:29.64  |  |  |  |                                                                |  |  |  |  |                          |  |
|                                                    | 00:29.64  |  |  |  |                                                                |  |  |  |  |                          |  |
|                                                    | . . . . . |  |  |  |                                                                |  |  |  |  |                          |  |

Coach feedback:

| Event number: 22: 50M BACKSTROKE MEN                      |           |  |  |  |  |  |  |  |  | Heat:5, starttime: 10:38           |  |
|-----------------------------------------------------------|-----------|--|--|--|--|--|--|--|--|------------------------------------|--|
| Heat: 5/7    Lane : 6    Athlete: SANCHEZ CUADRADO MIGUEL |           |  |  |  |  |  |  |  |  | Q-time: 00:27:54                   |  |
| PB (50m pool): 00:29.80    MOUSCRON 29/05/2025            |           |  |  |  |  |  |  |  |  | PB (25m pool): 00:27.86SB: no time |  |
|                                                           | 5 0 M     |  |  |  |  |  |  |  |  |                                    |  |
| PB                                                        | 00:29.80  |  |  |  |  |  |  |  |  |                                    |  |
|                                                           | 00:29.80  |  |  |  |  |  |  |  |  |                                    |  |
|                                                           | . . . . . |  |  |  |  |  |  |  |  |                                    |  |

Coach feedback:

| Event number: 24: 400M MEDLEY MEN                |           |           |           |                                    |           |           | Heat:2, starttime: 11:03 |           |
|--------------------------------------------------|-----------|-----------|-----------|------------------------------------|-----------|-----------|--------------------------|-----------|
| Heat: 2/2    Lane : 1    Athlete: DUCARME MATHIS |           |           |           |                                    |           |           | Q-time: 04:55:25         |           |
| PB (50m pool): 04:58.34    Charleroi 11/05/2025  |           |           |           | PB (25m pool): 04:55.62SB: no time |           |           |                          |           |
|                                                  | 5 0 M     | 1 0 0 M   | 1 5 0 M   | 2 0 0 M                            | 2 5 0 M   | 3 0 0 M   | 3 5 0 M                  | 4 0 0 M   |
| PB                                               | 00:32.00  | 01:08.77  | 01:50.18  | 02:28.13                           | 03:09.22  | 03:50.01  | 04:24.92                 | 04:58.34  |
|                                                  | 00:32.00  | 00:36.77  | 00:41.41  | 00:37.95                           | 00:41.09  | 00:40.79  | 00:34.91                 | 00:33.42  |
|                                                  | . . . . . | . . . . . | . . . . . | . . . . .                          | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback: